

SPH Summer Week 1
17 – 20 June 2026

DAY 1



Oriental Fried Noodle



Chicken Schnitzel with Mashed Potato

Mashed potato, chicken schnitzel with gravy sauce, roasted zucchini and carrot, scrambled egg



DAY 3



Crispy Chicken Burger



Beef Teriyaki Bento

Steamed white rice, beef teriyaki, stir fried carrot and green beans, scrambled egg

DAY 2



Mac and Cheese with Meatballs



Char Siu Chicken Rice

Steamed white rice, chicken char siu with hoisin sauce, garlic bok choy, braised tofu



DAY 4



Teriyaki Chicken Rice Ball



Chicken Mentaiko Spaghetti

Garlic spaghetti, chicken mentaiko with grated cheddar cheese, stir fried garlic broccoli, garlic croutons



Food Allergy Form



**All images are for illustration purposes only*